

REGINA RURAL HEALTH REGION
ANNUAL MEETING OF MUNICIPAL HEALTH REPRESENTATIVES

Monday, June 16, 1986

AGENDA

8:30 - 9:30 A.M.	Registration and Coffee
9:30 A.M.	Call to Order
	Greetings and Opening Remarks
	Chairman's Remarks
10:00 A.M.	Report of Medical Health Officer
	Regina Rural Region Staff Reports
10:45 A.M.	Guest Speaker
	Dr. Louis Skoll Director, Seniors' Bureau Saskatchewan Social Services
	Topic: The Aging Process/Community Support Systems/ Alzheimer's Disease
	Question Period
12 Noon	Lunch - Echo Valley Centre Cafeteria
1:15 P.M.	District Meetings
2:30 P.M.	Reports from District Meetings
	Resolutions
	Other Business
3:30 P.M.	Adjournment
4:00 P.M.	Regional Board Meeting

TABLE OF CONTENTS

	<u>PAGE</u>
Regional Board Members	1
Health Districts - Municipal Health Representatives	1
Regina Rural Health Region Personnel	4
Community Health Services Branch Health Regions	6
Health Councillors Reference Map	7
Medical Health Officer's Report	8
Public Health Nursing Report	10
Nursing Staff	12
Selected Nursing Statistics	13
Public Health Inspection Report	16
Inspection Staff and Areas Covered	17
Nutritionist's Report	18
Nutrition Statistics	20
Speech and Language Pathology Report	21
Speech-Language Statistics	23
Early Childhood Psychology Report	24
Chiropody Report	28
Annual Meeting of the Regional Health Council	30
Resolutions 1985	36
Minister's Reply to Resolutions	38

ADDENDUM TO LIST OF MUNICIPAL HEALTH REPRESENTATIVES 1986

District 1

Village of Edenwold
R.M. of Scott No. 98

Sally Mohl
Maurice P. Howe

Box 77, Edenwold
Milestone

District 2

Village of Bulyea
Village of Duval

Helen Thompson
Jacob Krentz

Bulyea
Box 66, Duval

District 3

Resort Village of B-Say-Tah
Village of McLean
Resort Village of Sandy Beach
R.M. of Cupar No. 218

Corrine Cameron
Clifford Ehenal
Michael Lucas
Raymond Voelpel

Box 1837, Fort Qu'Appelle
McLean
Box 1124, Fort Qu'Appelle
Box 86, Markinch

District 5

Village of Fairlight
Village of Welwyn

J. F. Cawood
Terry Tilley

Box 10, Fairlight
Welwyn

June 6, 1986

REGINA RURAL REGIONAL BOARD OF HEALTH

1985-86

District 1	Mrs. Della Anderson P. O. Box 160 Pense SOG 3W0	R.M. of Pense No. 160
District 2	Mr. Hugh McLeod Leross SOA 2C0	Village of Leross
District 3	Mr. Fred G. Schmidt, Chairman P. O. Box 112 Lipton SOG 3B0	Village of Lipton
District 4	Mr. Philip Hoffman P. O. Box 377 Grenfell SOG 2B0	R.M. of Elcapo No. 154
District 5	Mr. Geoff Bartlam, Vice-chairman P. O. Box 605 Whitewood SOG 5C0	R.M. of Willowdale No. 153

REGINA RURAL REGION MUNICIPAL HEALTH REPRESENTATIVES 1986

District 1

Town of Balgonie	Allan Selinger	Box 423, Balgonie
Village of Belle Plaine	Elizabeth Brooks	Belle Plaine
Village of Bethune	Ken Gronick	Box 185, Bethune
Resort Village of Buena Vista	Kristine Walter	Box 142, Regina Beach
Village of Chamberlain	Robert Doig	Chamberlain
Village of Dilke	James Selinger	Dilke
Village of Disley		
Village of Edenwold		
Village of Findlater	Betty Murdoch	Box 10, Findlater
Village of Grand Coulee		
Village of Grandview Beach	Loretta Hicks	Box 94, Bethune
Village of Holdfast	Joe Anheliger	Holdfast
Village of Lang	Charlotte Vanstone	Box 160, Lang
Town of Lumsden	Louise Holloway	Lumsden
Resort Village of Lumsden Beach		
Town of Milestone	Marion Moskowsky	Box 164, Milestone
Village of Pense	Sandra Schlamp	Box 148, Pense
Village of Penzance	Jim Thorson	Penzance
Town of Pilot Butte	Glenn Larson	Box 235, Pilot Butte
Town of Regina Beach	Alice Mills	Box 344, Regina Beach
Village of White City	Joni Herbison	Box 281, White City

Village of Wilcox
 Town of Yellow Grass
 R.M. of Scott No. 98
 R.M. of Caledonia 99
 R.M. of Lajord No. 128
 R.M. of Bratt's Lake No. 129
 R.M. of Edenwold No. 158
 R.M. of Sherwood No. 159
 R.M. of Pense No. 160
 R.M. of Lumsden No. 189
 R.M. of Dufferin No. 190
 R.M. of Sarnia No. 221

Dennis Ulmer

 Florence Nicholas
 Norm Desautels
 Leo Ulrich
 Margaret Hutchence
 Diane McAllister
 Della Anderson
 John K. Gilmour
 Dolores Riche
 Albert Ball

Wilcox

 Milestone
 Box 46, Riceton
 R.R.#3, Regina
 R.R.#1, Zehner
 Site 1, Box 10, Regina
 Box 160, Pense
 R.R.#2, Regina
 Bethune
 Box 5, Dilke

District 2

Village of Bulyea
 Village of Craven
 Village of Duval
 Village of Earl Grey
 Town of Govan
 Village of Kannata Valley
 Village of Kelliher
 Village of Leross
 Village of Lestock
 Town of Nokomis
 Village of Punnichy
 Village of Quinton
 Town of Raymore
 Resort Village of Saskatchewan
 Beach
 Village of Semans
 Village of Silton
 Town of Strasbourg
 R.M. of Longlaketon No. 219
 R.M. of McKillop No. 220
 R.M. of Kellross No. 247
 R.M. of Touchwood No. 248
 R.M. of Last Mountain Valley No. 250
 R.M. of Kutawa No. 278
 R.M. of Mount Hope No. 279
 R.M. of Wreford No. 280

Shirley Mohr
 Ira Travis

 Ed W. Faye

 Gordon McKenzie
 Joe Wallace
 Leslie Orban

 Gladys Kram
 A. W. Fairbairn

 David Hansen
 J. B. Martin
 Albert Keyser
 Frank Edenoste
 Alvin Kelln
 Ken Thomas
 Frank Desfosses
 Monty McKenzie
 Gottlieb Kreitzer
 Gordon Goldfinch
 Lewis E. Simpson

Box 83, Earl Grey
 Govan

 Kelliher

 Lestock
 Box 402, Nokomis
 Box 193, Punnichy

 Raymore
 Box 98, Silton

 Semans
 Silton
 Box 267, Strasbourg
 Earl Grey
 Strasbourg
 Box 147, Dysart
 Box 412, Cupar
 Duval
 Quinton
 Raymore
 Box 223, Nokomis

District 3

Village of Abernethy
 Town of Balcarres
 Resort Village of B-Say-Tah
 Town of Cupar
 Village of Dysart
 Town of Fort Qu'Appelle
 Town of Indian Head

Fred Dawes
 Irma Trapp

 Alois Rey
 Arthur Hromek
 Frances Hahn
 Gloria Karpa

Box 62, Abernethy
 Box 413, Balcarres

 Cupar
 Box 292, Dysart
 Fort Qu'Appelle
 Indian Head

Resort Village of Katepwa Beach
 Village of Lebret
 Village of Lipton
 Village of Markinch
 Village of McLean
 Town of Qu'Appelle
 Resort Village of Sandy Beach
 Town of Sintaluta
 Town of Southey
 R.M. of Indian Head No. 156
 R.M. of South Qu'Appelle No. 157
 R.M. of Abernethy No. 186
 R.M. of North Qu'Appelle No. 187
 R. M. of Lipton No. 217
 R.M. of Cupar No. 218 .

Earl Hesse
 Ralph Blondeau
 Fred G. Schmidt
 D. Swyryda

 Wayne Briant

 Frank Earnshaw
 Joe Gebauer
 Ted Braden

 Nelle Penny
 Ralph Patterson
 William Michelson

Balcarres
 Box 124, Lebret
 Box 112, Lipton
 Markinch

 Qu'Appelle

 Sintaluta
 Southey
 Box 582, Indian Head

 Box 164, Abernethy
 Box 99, Fort Qu'Appelle
 Lipton

District 4

Town of Broadview
 Town of Francis
 Village of Glenavon
 Town of Grenfell
 Village of Kendal
 Town of Kipling
 Village of Montmartre
 Village of Odessa
 Village of Sedley
 Village of Vibank
 Village of Windthorst
 Town of Wolseley
 R.M. of Hazlewood No. 94
 R.M. of Golden West No. 95
 R.M. of Kingsley No. 124
 R.M. of Chester No. 125
 R.M. of Montmartre No. 126
 R.M. of Francis No. 127
 R.M. of Elcapo No. 154
 R.M. of Wolseley No. 155

Phil Boivin

 Dot Ennis
 Keith Biesenthal
 Joe Rink
 Katherine Robertson
 Mary Chorneyko
 Yvette Schatz

Box 430, Broadview

 Glenavon
 Box 625, Grenfell
 Box 8, Kendal
 Kipling
 Box 431, Montmartre
 Odessa

Jeanette Schaeffer
 Arnold Schiffers
 Mel Wood
 Clayton Cross
 Carol McCarthy

Box 204, Vibank
 Windthorst
 Box 598, Wolseley
 Box 447, Kipling
 Corning

Peter Hozempa
 Annette Perras
 Carl Hoffman
 Philip Hoffman
 Elmer Chatterson

Box 147, Glenavon
 Box 311, Montmartre
 Box 42, Odessa
 Box 377, Grenfell
 Box 457, Wolseley

District 5

Village of Fairlight
 Town of Fleming
 Village of Kennedy
 Village of Maryfield
 Town of Moosomin
 Town of Rocanville
 Town of Wapella
 Town of Wawota

Doreen Cancade
 Ron Kullman
 Marie Hamilton
 Rosamund Woolley
 Marie Martin
 Dan Van Dresar

Box 2, Kennedy
 Maryfield
 Moosomin
 Box 390, Rocanville
 Wapella
 Box 180, Wawota

Village of Welwyn	Clarke Curtis	Whitewood
Town of Whitewood	Garry W. Chambers	Box 99. Fairlight
R.M. of Maryfield No. 91	Elais Szmuto	Moosomin
R.M. of Walpole No. 92	John Gardner	Box 115, Kennedy
R.M. of Wawken No. 93	Clarence Frape	Moosomin
R.M. of Moosomin No. 121	Coreen Crawford	Moosomin
R.M. of Martin No. 122	Donald Toth	Langbank
R.M. of Silverwood No. 123	Constance Kien	Box 626, Rocanville
R.M. of Rocanville No. 151	Geoff Bartlam	Box 605, Whitewood
R.M. of Willowdale No. 153		

REGINA RURAL HEALTH REGION OFFICES AND PERSONNEL

Main Office - Regina

T. C. Douglas Building
3475 Albert Street
Regina S4S 6X6

Phone: 787-3169

Medical Health Officer	Dr. C. L. Cunning	787-3171
Regional Nursing Supervisor	Malita Marshall	787-3178
Senior Public Health Inspector	Gordon Button	787-3187
Public Health Nutritionist	Eunice Misskey	787-3174
Speech-Language Pathologist	Donna Lennon Upshall	787-3172
Early Childhood Psychologist	Larry Mahovsky	787-3167
Public Health Nurse II	Donna Ward	787-3177
Public Health Nurses I	Jean Clark	787-3180
	Sandra Craig	787-3175
	Sharon Garratt	787-3398
	Margie Lockwood	787-3397
	Candace Stefan	787-3396
Public Health Inspector II	Alf Hrycyk	787-3184
Public Health Inspectors I	Greig Graham	787-3165
	Lisa Wasylenska	787-3186
Secretarial Staff	Mildred Harper	787-3169
	Donna Lowenberg	
	Lee-Anne Peterson	

Fort Qu'Appelle

P. O. Box 506
Fort Qu'Appelle SOG 1S0
Phone: 332-5733

Charlotte Miller, Public Health Nurse
Lesley Brown, Public Health Nurse
Dwayne Djkowich, Public Health Inspector
Sherlie Gorman, Secretary

Grenfell

P. O. Box 663
Grenfell SOG 2B0
Phone: 697-2822

Bernadette McPherson, Public Health Nurse

Indian Head

P. O. Box 1093
Indian Head SOG 2K0
Phone: 695-3615

Myrna Weisbrod, Public Health Nurse
Marie Leurer, Public Health Nurse

Kipling

P. O. Box 11
Kipling SOG 2S0
Phone: 736-2522

Betty Burton, Public Health Nurse
Edith Guilloux, Public Health Nurse

Moosomin

P. O. Box 538
Moosomin SOG 3N0
Phone: 435-3311

Laurie Wielgoz, Public Health Nurse
Carol Adair, Public Health Nurse
Paul Silvester, Public Health Inspector
Jill Shatford, Speech-Language Pathologist
Laurel Unger, Secretary

Strasbourg

P. O. Box 457
Strasbourg SOG 4V0
Phone: 725-3371

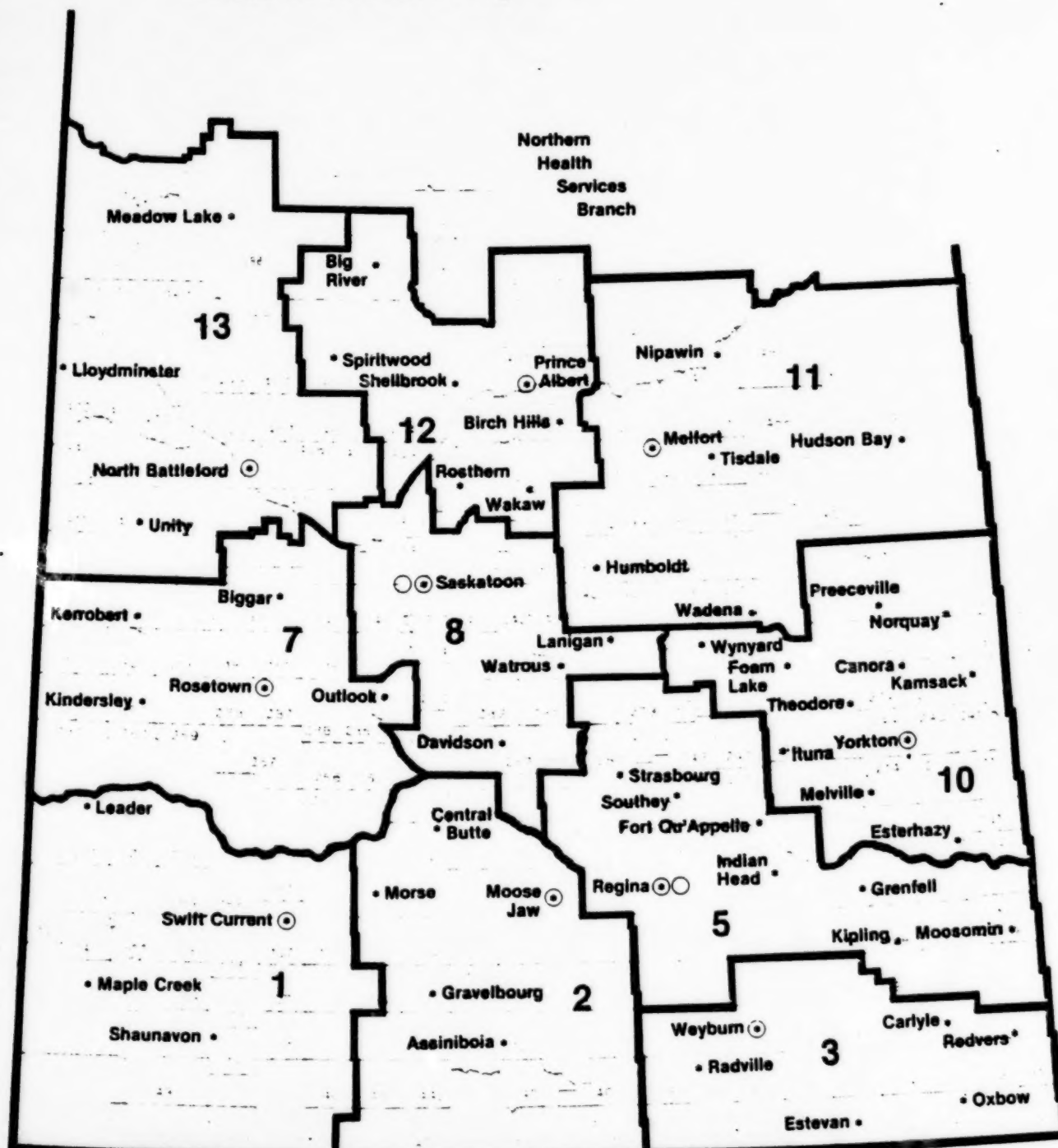
Marilyn Craswell, Public Health Nurse
Lynn Linnen, Public Health Nurse

Chiropody Clinic

6th Floor Humford House
1855 Victoria Avenue
Regina S4P 3T2
Phone: 787-3733

Dr. Brian Brodie, Chiropodist
Dr. Suresh Ram, Chiropodist
Pat Dobranski, Chiropody Assistant
Maureen Grocott, Chiropody Assistant
Colleen Klein, Secretary

Community Health Services Branch Health Regions



March, 1983

KEY FOR HEALTH REGIONS:

- No. 1 Swift Current (48,484)
- No. 2 Moose Jaw - Assiniboia - Gravelbourg (69,060)
- No. 3 Weyburn - Estevan (50,602)
- No. 5 Regina Rural (73,291)
- No. 7 Rosetown - Biggar - Kindersley (40,907)
- No. 8 Saskatoon Rural (47,573)

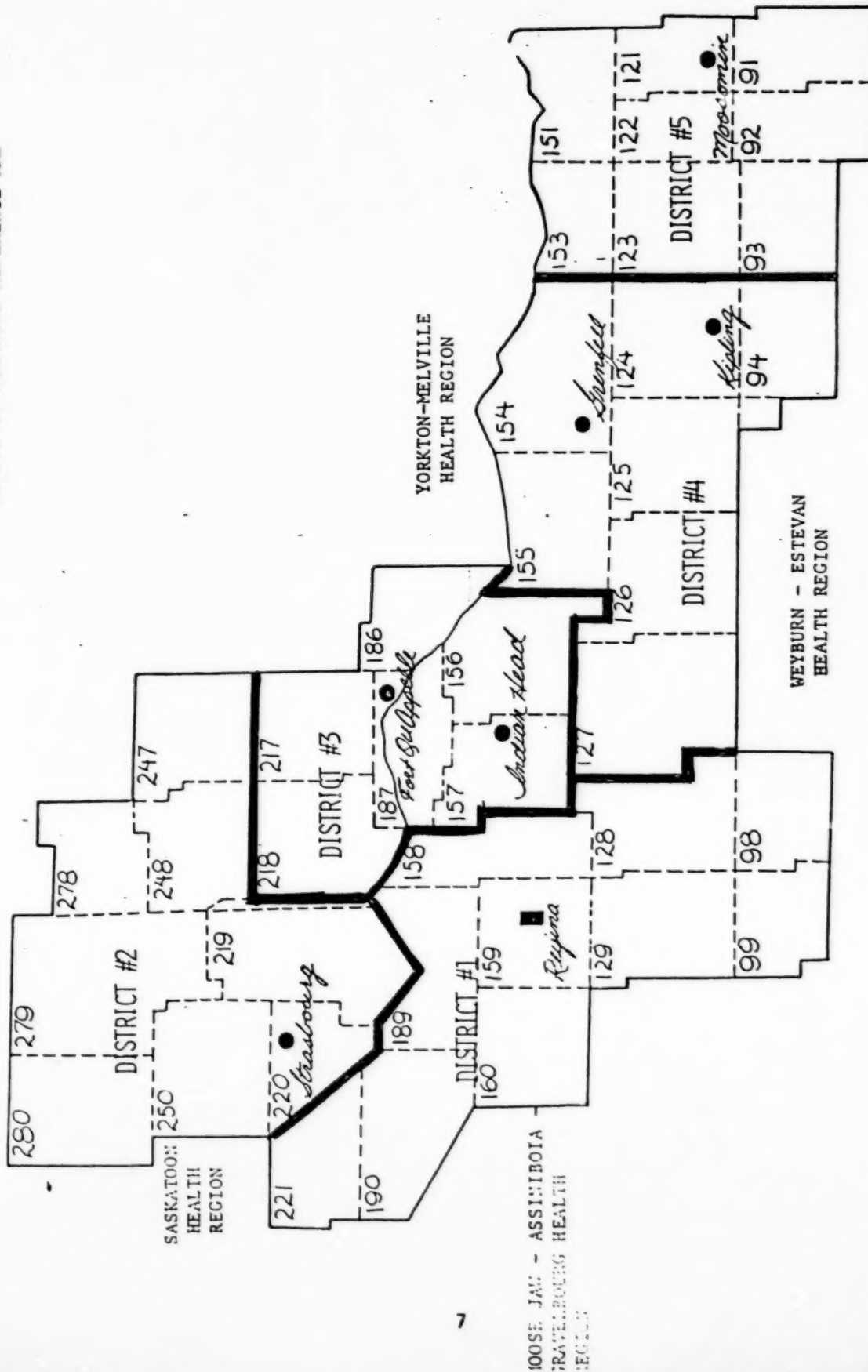
- No. 10 Yorkton - Melville (83,332)
- No. 11 Melfort - Tisdale (73,991)
- No. 12 Prince Albert (78,375)
- No. 13 North Battleford (80,110)
- Regina City (165,952)
- Saskatoon City (159,581)

NOTE: Population served is given in parentheses — SHSP Covered Population at June 30, 1982, excluding Registered Indians and Northern Saskatchewan.

- Regional Office
- District Office
- City Health Office

MELFORT-TISDALE
HEALTH REGION

REGINA RURAL REGION
HEALTH COUNCILLORS REFERENCE MAP



REGINA RURAL HEALTH REGION #5

REPORT OF MEDICAL HEALTH OFFICER

I am pleased to report on the status of Regina Rural Health Region and on our activities - directed towards building a healthier community.

One of the new programs is the Public Health Nursing Preschool Core Services program which has upgraded the screening of preschool children and which now provides for standardized service throughout the province. More effective evaluation will be one of the positive results.

We were able to meet our budget guidelines despite the continued financial restraints.

It is our understanding that a new provincial building is being planned for Fort Qu'Appelle; included in the plans is accommodation for the public health staff.

Staffing

Kelly Richter, Speech-Language Pathologist, is on leave of absence until September, 1986, having accepted the position of Acting Director of Speech-Language Pathology for Community Health Services Branch. We were pleased to welcome Jill Shatford, Speech-Language Pathologist, to our staff in January, 1986. Jill is working from the Moosomin office providing speech services to the eastern part of the health region.

During the past year our nursing staff has lost the services of Edith Sharpe, who retired after many years of service; Florence Hall, who is on leave of absence because of illness; and Evelyn Swanson, who resigned to accept another position. Sharon Garratt has transferred to the Regina office from Indian Head. We have been pleased to welcome Myrna Weisbrod and Marie Leurer to the Indian Head office, Sandra Craig to Regina, Carol Adair to Moosomin, and Lesley Brown to the Fort Qu'Appelle staff.

About Communicable Disease

Immunization continues to be a priority with the low incidence of measles in the province only one indication of its success. Rheumatic fever remains under control with no new cases. Rabies continues in wild animals, and occasionally human contact causes concern and need for vaccine. Care is advised in handling all sick animals and immunization is advised for pets.

TB continues sporadically and we now do contact tracing and Mantoux testing in co-operation with the TB League.

Gastrointestinal outbreaks continue to occur - such as hepatitis A, salmonella, shigella - reminding us of the constant need for good personal hygiene and sanitation along with careful food handling and

storage. These are all reinforced by the food handlers courses conducted by the Public Health Inspectors; the courses are popular and well received.

Vital Statistics

Infant mortality rates remain favourable, reflecting our emphasis on prenatal care concerns and general health promotion. Teenage pregnancies remain high. New efforts are required to guide our youth on reaching physical maturity. The number of seniors continues to increase. We hope for some ideas from Dr. Skoll, today's speaker, about new roles in their care. Malignant tumors and ischemic heart disease continue to be leading causes of death. Encouraging progress is being made in the control of smoking, which is a major factor in their causation.

Accidents are a significant cause of death, particularly among the young. Alcohol is often a factor here - efforts must continue for its control.

We are pleased with the practical results arising from the Minister's Ad Hoc Committee on the Roles of Boards of Health, which included the fall inservice for municipal health representatives which many of you attended and to which you contributed with lively discussion. The manual which is being developed for municipal health representatives will be a valuable resource and useful also in orientation of new regional staff as well as health representatives.

It has been a pleasure to work with our dedicated professional staff, with the many other departments and agencies, with you, the municipal health representatives, and your Board towards the goal of a healthier life.

Respectfully submitted

Dr. C. L. Cuning
Medical Health Officer

REPORT OF REGIONAL NURSING SUPERVISOR

Public health nursing services include individual assessment, health appraisal in the home, counselling and health education in schools, and child health conferences where a child's growth and development is monitored. Counselling services are offered to parents and immunizations are performed. Vision and hearing are also assessed. These services are delivered by 16 public health nurses working from seven offices throughout the health region.

Personnel

The past year has seen some changes within the nursing staff. Four new public health nurses, stationed in Moosomin, Indian Head, Fort Qu'Appelle, and Regina, were welcomed to the health region.

Significant Problems

Extended illness, resignation, and retirement presented some problems in carrying out the nursing programs.

Pediculosis and scabies still create concern in some schools, however this was kept under control through the co-operation of public health nurses, teachers, and parents.

The outbreak of measles in Manitoba also created some concern. In one high school, 140 students were immunized after one of the students who was from Manitoba contracted measles following a holiday visit home.

Several cases of infectious hepatitis were reported during the year. Contacts were immunized and counselled about control of the disease.

Progress and Accomplishments

This past year has seen the full implementation of the preschool core program. This program has made some changes in the administration of child health conferences. Parents are now invited to attend seven times, beginning when the child is two months of age until he or she is four years old.

Early Bird prenatal classes were begun in Regina and Kipling and are now being offered throughout the health region.

Contact tracing and Mantoux testing carried out in one district office was the beginning of this additional role of the public health nurses in the tuberculosis control program.

Family physicians and hospital administrators in the health region were visited by the Medical Health Officer and the Regional Nursing Supervisor, who discussed with them the services offered through Community Health Services Branch.

Sixteen nursing students from the diploma nursing program at Wascana Institute received community health observational experience through accompanying public health nurses to child health conferences and on home visits in the health region.

Prenatal and Parenting Classes

During the past year a prenatal policy guide has been developed for use by nurses. Along with the Early Bird classes, this will help to increase the effectiveness of prenatal counselling and classes. The classes for expectant parents continue to be well received by our clients and are offered at different locations throughout the health region.

Parenting classes were offered in Grenfell and Regina with the participation of the Early Childhood Psychologist, Speech-Language Pathologist, and Chiropodist.

Inservice Education and Seminars

A variety of workshops and seminars were held in conjunction with staff meetings. Highlights included the following:

- pathogenesis of tuberculosis, diagnosis, and treatment - Jean Graham, Registered Nurse Coordinator, TB Control;
- preschool core program inservice with Dr. Stead participating;
- postpartum adjustment - with Mrs. Gloria Barnett, Community Health Nurse;
- presentation on stress and burnout as it relates to nursing - by Mrs. Betty Michalski, Director of Nursing, Moose Jaw;
- child abuse - with Mr. Kim Wilson, Child Protection Worker from Fort Qu'Appelle, as guest speaker.

My first year as Regional Nursing Supervisor in this health region has been challenging. I would like to express my thanks to Dorothy Martens, Nursing Consultant, for her support and help through visits to the health region; and to the nursing staff for their excellent work throughout the year. The contribution of the clerical staff and the co-operation of other staff members is very much appreciated.

Respectfully submitted

Malita Marshall
Regional Nursing Supervisor

NURSING STAFF 1985-86

Fort Qu'Appelle Office	Florence Hall - definite leave Lesley Brown - employed January, 1986 Charlotte Miller
Grenfell Office	Bernadette McPherson
Indian Head Office	Myrna Weisbrod Marie Leurer - employed December, 1985
Kipling Office	Betty Burton - maternity leave Edith Guilloux
Moosomin Office	Laurie Weilgoz Carol Adair - employed November, 1985
Strasbourg Office	Lynn Linnen Marilyn Craswell
Regina Office	Evelyn Swanson - resigned December, 1985 Edith Sharpe - retired August, 1985 Margaret Lockwood Sharon Garratt - transferred from Indian Head Candace Stefan Sandra Craig - employed August, 1985 Jean Clark Donna Ward, Public Health Nurse II Malita Marshall, Regional Nursing Supervisor

SELECTED NURSING STATISTICS April 1, 1983 - March 31, 1986

Population of Health Region	64,195	64,768	64,578
	<u>1983-84</u>	<u>1984-85</u>	<u>1985-86</u>
Nursing Days	2,912.5	2,799	2,855
Total Home Visits - made	4,576	3,904	3,524
Child Health Centres - established	54	52	52
Number of Child Health Conferences	1,344	1,321	1,500
<u>Prenatal Services</u>			
Home Visits	405	359	273
Classes Held	100	101	108
Aggregate attendance - mothers	768	795	722
- fathers	624	660	707
Births - total	1,030	957	1,029
<u>Postnatal Services</u>			
Home Visits	696	675	666
Other Interviews/Contacts	547	300	112
<u>Infant Services (0-12 months)</u>			
Home Visits	941	826	843
Child Health Conference Attendance	3,633	3,139	2,896
Other Interviews/Contacts	198	140	140
<u>Preschool Services (13 months to school entrance)</u>			
Home Visits or other Contacts	709	610	583
Child Health Conference Attendance	4,916	4,695	5,027

	<u>1983-84</u>	<u>1984-85</u>	<u>1985-86</u>
<u>School Services</u>			
Total Enrollment	13,693	13,776	13,832
Students Seen for Counselling/ Inspection	7,491	5,351	4,590
Teacher-Nurse Conferences	880	878	958
Health Education Presentations	35	37	57
- Student Attendance	709	591	1,428
<u>Miscellaneous Home Visits</u>			
Adults (under 65) - Home Visits or Contacts	1,035	979	831
Adults (over 65) - Home Visits or Contacts	1,670	1,428	1,160
Mentally Ill	9	14	6
Mentally Handicapped	72	34	18
Communicable Disease Follow-up			
- Sexually Transmitted Disease	1	9	2
- Infectious Hepatitis	27	31	56
Rheumatic Fever Follow-up	44	22	23
S.A.I.L. - Home Visits	464	484	475
- Other Contacts	79	65	114
<u>Group Education</u>	24	20	25
<u>Official Visits</u> - total	1,380	1,218	1,383

Immunization Statistics - Total Number Given

	<u>1983-84</u>	<u>1984-85</u>	<u>1985-86</u>
<u>Infants</u>			
Diphtheria/Pertussis/Tetanus	2,685	2,462	2,426
Oral Polio Vaccine	2,643	2,442	2,459
Diphtheria/Tetanus	30	6	38
<u>Preschool</u>			
Diphtheria/Pertussis/Tetanus	1,900	2,067	2,252
Oral Polio Vaccine	1,999	2,063	2,291
Measles/Mumps/Rubella	962	946	914
Diphtheria/Tetanus	52	21	46
<u>School</u>			
Diphtheria/Tetanus	1,016	1,077	1,017
Oral Polio Vaccine	1,039	1,098	1,014
Measles/Mumps/Rubella	248	330	405
Mumps	12	4	31
Rubella	150	95	88
Measles	---	--	22
<u>Adult</u>			
Cholera	18	38	12
Typhoid	6	19	8
Other (Td, OPV, Diphtheria, etc.)	8	21	18
<u>Immune Serum Globulin</u>			
- Infectious Hepatitis	56	84	89
<u>Tuberculosis Contacts</u>			
- Mantoux	--	--	4

REPORT OF SENIOR PUBLIC HEALTH INSPECTOR

During the past year our district inspectorate staff remained unchanged. The program of twinning our Senior Public Health Inspector position with the Weyburn-Estevan Health Region is still in effect resulting in a considerable extra load for Alf Hrycyk, Public Health Inspector II, who must fill in for me on a basis of about 60% of the time.

The construction of a new treatment centre near Fort Qu'Appelle caused us some concern when it was discovered it was located on an abandoned waste disposal ground. However, after meeting with the owners, architects, and engineers, the problem was resolved by having the old refuse removed from under the building and the site sealed off with fresh soil.

We are continuing to make inspections of cottages suspected of having improper sewage disposal systems. Recommendations are being made to the local boards of health (municipal councils) who in turn advise owners as to what corrective action must be taken.

We expect to obtain the service of a student for the summer months so that a more concerted effort may be made to survey shoreline areas and determine the extent of non-compliance with shoreline pollution control regulations.

During the past year our staff have conducted very successful food service and swimming pool operators' seminars throughout the region. Training personnel in safe food handling procedures and effective swimming pool operation is a very important aspect of our work in preventing food borne illness and insuring safe, clean water in which our children may swim. I would urge health representatives or organizations interested in learning more about this to get in touch with the Regina office or your district public health inspector.

In co-operation with the Department of Agriculture, corrective action was initiated to have a dairy farm, which was causing considerable discomfort to residents of an adjacent village, cleaned up.

There has been a major increase in rural residential subdivisions, resulting in an increased demand for public health inspection services.

Respectfully submitted

Gordon Button
Senior Public Health Inspector

PUBLIC HEALTH INSPECTION STAFF AND AREAS SERVED

Gordon Button, Senior Public Health Inspector

Weyburn: 842-4691
Regina: 787-3187

Alf Hrycyk, Public Health Inspector II

Regina: 787-3184

R.M. of Wolseley No. 155
R.M. of Indian Head No. 156
R.M. of South Qu'Appelle No. 157

Greig Graham, Public Health Inspector I

Regina: 787-3185

R.M. of Edenwold No. 158
R.M. of Sherwood No. 159
R.M. of Pense No. 160
R.M. of Longlaketon No. 219
R.M. of McKillop No. 220
R.M. of Last Mountain Valley No. 250
R.M. of Mount Hope No. 279
R.M. of Wreford No. 280

Lisa Wasylenska, Public Health Inspector I

Regina: 787-3186

R.M. of Scott No. 98
R.M. of Caledonia No. 99
R.M. of Montmartre No. 126
R.M. of Francis No. 127
R.M. of Lajord No. 128
R.M. of Bratt's Lake No. 129
R.M. of Lumsden No. 189
R.M. of Dufferin No. 190
R.M. of Sarnia No. 221

Paul Silvester, Public Health Inspector I

Moosomin: 435-3311

R.M. of Maryfield No. 91
R.M. of Walpole No. 92
R.M. of Wawken No. 93
R.M. of Hazelwood No. 94
R.M. of Moosomin No. 121
R.M. of Martin No. 122
R.M. of Silverwood No. 123
R.M. of Kingsley No. 124
R.M. of Chester No. 125
R.M. of Rocanville No. 151
R.M. of Willowdale No. 153
R.M. of Elcapo No. 154

Dwayne Dikowich, Public Health Inspector I

Fort Qu'Appelle: 332-5733

R.M. of Abernethy No. 186
R.M. of North Qu'Appelle No. 187
R.M. of Lipton No. 217
r.m. of Cupar No. 218
R.M. of Kellross No. 247
R.M. of Touchwood No. 248
R.M. of Kutawa No. 278

ANNUAL REPORT - NUTRITION, 1985-86

REGINA RURAL AND WEYBURN-ESTEVAN REGIONS

The public health nutrition program encompasses services to all age groups from expectant parents to seniors.

The public health nutritionist for the Regina Rural and Weyburn-Estevan Regions serves the people in 196 communities in a variety of capacities. She 1) conducts educational and promotional programs via group work and media activities, 2) provides technical consultation and inservice training to professional staff, educators, and lay leaders, 3) provides nutritional counselling, 4) conducts research, and 5) plans and develops programs and resources for professional and public use.

Major focus and accomplishments for 1985-86 are highlighted below:

1. Nutrition activity sheets were designed and distributed as support material to the curriculum for all kindergarten to grade six teachers via principals in 109 schools.
2. A nutrition resource package was distributed as additional support material for 54 grades seven to nine teachers participating in the new health curriculum.
3. Nutrition referrals for preschool children increased as a result of the new provincial preschool program which includes nutritional assessment and counselling as important components. It is too early to determine whether this increased trend will continue.
4. More daycare and playschool centres requested the loan of preschool nutrition education programs and resources available from the nutritionist.
5. Prenatal education was reviewed on a provincial basis. This included revisions to the nutrition and infant feeding sections of prenatal classes. The nutritionist continued to conduct demonstration prenatal classes for public health nurses on request.
6. Nutrition promotional activities included researching and writing newspaper columns for the provincial weeklies and taping radio spots for broadcast on CFSL and CJSL in Weyburn and Estevan. In October the nutritionist also co-ordinated a health display for the Indian Head Trade Fair. She also participated in a preschool fair in Weyburn in February.

7. To celebrate national nutrition month a contest was designed to involve about 180 health councillors (municipal health representatives) in Regina Rural and Weyburn-Estevan. The purpose of the contest was to have councillors submit a title which could be used to head the nutrition columns in the local weeklies. Positive response to the contest was received. More information will be provided at the Annual Meeting!
8. A workshop was provided to dietetic interns as part of their training at the Regina General Hospital. In addition, a one-week public health nutrition affiliation experience was supervised for each of two dietetic interns from the Regina hospital.
9. Professional consultation and resources were provided to over 1000 individuals, agencies, and special groups.
10. Educational sessions were provided to 18 groups. About 15 engagements were declined, postponed until Fall '86 or cancelled due to heavy workload and in November/December '85 due to six-week sick-leave.

A special thank you is extended to community members and health councillors for their interest and input and to the health staff in the two regions for their continued cooperation and support.

Respectfully submitted,

Eunice Misskey
Public Health Nutritionist
Regina Rural & Weyburn-Estevan Health Regions

NUTRITION STATISTICS

<u>Service</u>	<u>1984-85</u>	<u>1985-86</u>	
<u>Nutrition Education</u>			
Number of Groups	27	18	includes inservice training
Attendance	511	385	
Inservice Training/Orientation			
Number of Sessions	14	12	orientation sessions only
Attendance	107	18	
Media - Press Releases			
Number researched and written	10	7	
Number sent to papers	58	52	
- Radio Spots			
Number researched and written	25	19	
Number taped for broadcast	27	18	
Professional Consultations/Technical Support	999	1,060	
<u>Nutrition Counselling</u>			
New referrals	17	14	
Follow-up	3	1	

Note: Several commitments were declined, cancelled, or postponed due to six weeks sick leave.

REPORT OF SPEECH-LANGUAGE PATHOLOGISTS

Approximately eight per cent of the general population of Saskatchewan experience some form of communication disorder which requires a degree of direct intervention. The greatest prevalence of disorders is found in children and these disorders may occur in the areas of articulation, language, voice, and/or fluency. Because ninety per cent of speech and language skills have been mastered in normally developing children by five years of age, early intervention can prevent serious social, psychological, and educational handicaps in later life.

Community Health Services Branch Speech-Language Pathologists provide priority service to the preschool population in the form of diagnostic assessment, treatment therapy, and counselling, as well as consultative services.

Service is also available to communicatively impaired adults while school age children are referred to the Shared Services Programs operated by regional school divisions.

Statistics of the Speech-Language Pathology services provided by the Regina Rural Health Region are summarized on the following page. A summary of the 1985-86 year activities is provided below.

In August, 1985, Debora Johnson left Moosomin to begin work with the Shared Services Program in Melfort, Saskatchewan. The Moosomin position remained vacant for four months and was then filled in January by Jill Shatford.

Kelly Richter accepted the position of Acting Director of Speech-Language Pathology for Community Health Services Branch in September, 1985. She is on leave from Regina Rural Region until September, 1986. Since Mrs. Richter assumed her new position, improvements to the existing statistical system have been implemented, several worthwhile committees have been formed, and the speech-language pathology program as a whole is functioning more efficiently.

In January, 1986, the province introduced a new screening tool entitled the Communication Screen. This test became part of the Public Health Nursing three-year-old screening procedure. Results of the utilization of this new tool appear valid at this point, however further investigation remains necessary. Extensive statistics regarding the validity and reliability of this tool are presently being accumulated province-wide in order that we may more successfully document its appropriateness as part of our referral procedure.

A one-month clinical practicum was provided for a University of Alberta student. This student accompanied D. Johnson to her clinics and

was given opportunities to participate in diagnostic sessions as well as treatment planning and implementation.

Kelly Richter was active in several committees prior to her transfer. She provided input to the Speech-Language Pathology pamphlet committee, Community Services Branch committee on position-sharing, and the Bursary Selection Committee.

Presentations were prepared and given to groups of parents and professionals on language development and stimulation.

The Wolseley Developmental Centre was visited on several occasions to help design appropriate programs for specific students.

Clinic schedules were temporarily interrupted because of the Speech-Language Pathologist vacancies in the region, but regular service has been restored to all district offices. Clinics are generally held in response to the demand in each area.

This past year has been both demanding and challenging for us both. We are most appreciative of the support and co-operation our program receives from the other health region disciplines and look forward to another year of working together.

Respectfully submitted,

Jill C. Shatford
Speech-Language Pathologist

Donna Lennon Upshall
Speech-Language Pathologist

SPEECH-LANGUAGE STATISTICS

Beginning Caseload (April 1, 1985) 139

Number Referred

Preschool	176	
School Age	1	
Adult	<u>13</u>	190

Number Discharged

Preschool	158	
School Age	0	
Adult	<u>8</u>	(166)

Ending Caseload (March 31, 1986) 163

Percentate of Cases Receiving Speech and Language Service
as of March 31, 1986

Waiting Assessment 23%

Waiting Treatment 6%

In Treatment:

Weekly Therapy	13%	
Bi-monthly	15%	
Monthly	2%	
Once every 1-3 months	17%	
Once every 3 months or less	<u>24%</u>	71%
		<u>100%</u>

REPORT OF EARLY CHILDHOOD PSYCHOLOGIST

This report includes all work conducted between January 2, 1985 and December 31, 1985.

Again, as in 1984, I served both Regina Rural Health Region and Weyburn-Estevan Health Region. I attempted to maintain the same schedule that I had established in 1984, that is, every Monday and Tuesday were spent in Regina Rural, while every Wednesday and Thursday were spent in Weyburn-Estevan Region. Fridays were to be evenly split between the two regions, however, in practice, they were usually spent in Regina Rural.

Since this is my second complete year as Early Childhood Psychologist in both health regions, I can now compare 1985 with 1984.

<u>Referrals</u> Source	<u>1985</u>			<u>1984</u>		
	Regina Rural	Weyburn Estevan	Total	Regina Rural	Weyburn Estevan	Total
Public Health Nurse	47	20	67	44	20	64
Speech-Language Pathologist	18	4	22	15	6	21
Other	5	2	7	10	6	16
Totals	70	26	96	69	32	101

In 1985, 70% of the referrals were received from the public health nurses, 23% from the Speech-Language Pathologists, and 7% from other sources such as doctors, social workers, day care workers, parents, etc. This compares to 63%, 21%, and 16% in 1984. As with the 1984 referrals, the vast majority of referrals were due to concerns regarding the child's development.

Appointments

In 1985, I held 218 appointments for the 96 referrals that I received throughout the year. This was an average of 2.27 sessions per referral. In 1984, I held 264 appointments for the 101 referrals that I received, which was an average of 2.61 sessions per referral.

This past year I continued to conduct home visits, as well as seeing clients at district and regional offices, as illustrated.

Appointments

	1985 Visits					
	Regina Rural	%	Weyburn Estevan	%	Total	%
Regional Offices	41	24	25	34	66	27
District Offices	59	34	14	19	73	29
Home Visits	64	37	25	34	89	36
Other*	10	5	10	13	20	8
Totals	174		74		248	

* Besides referrals, I made visits to other agencies to consult with children that were not formally referred. This includes visits to Redvers and Weyburn Early Childhood Intervention Program offices.

Work Activities

	1985 Hours					
	Regina Rural	%	Weyburn Estevan	%	Total	%
Casework	480.5	42	172.5	29	672.75	37
Primary Prevention	52.5	5	48.25	8	100.75	6
Consultation	97.5	8	31.74	5	129.25	7
Community Development	23	2	14.75	2	37.25	2
Inservice	13.5	1	0.0	0	13.5	1
Travel	286.5	25	284.75	48	571.25	33
Administration	196.25	17	46.0	8	242.25	14
Totals	1,149.5		598		1,747.5	
Day Equivalents	143.7		74.7		218.4	

Most of my work time was taken up by three activities: 1) casework, 2) travel, and 3) administration. Casework involves work with individual children directly or through their parents, home therapist, etc. This work includes arranging and booking appointments, testing, counselling, reporting, obtaining information, and consulting. Travel involves the amount of time spent travelling to and from appointments and meetings at regional offices, district offices, and homes, etc. Administration involves the completion of reports and forms required by the branch or department. Consultation involves ECP meetings, conferences, and meetings with other professionals or community groups for the purpose of providing and receiving information of a professional nature. Primary prevention involves planning, execution,

and follow-up work on activities with the general population and at-risk groups. Community development involves participation in the development of resources for children such as intervention programs and day care or nursery schools.

An important part of my workload includes membership in a number of committees. Currently, I am a member of the Regina Rural Regional Early Childhood Committee (RECCC), the admissions and review committee of the Southeast Early Childhood Intervention Program (ECIP), and the admissions and review committee of the Weyburn Early Childhood Intervention Program (ECIP). Also, once per month, I attend senior staff meetings in Regina and Early Childhood Committee (ECC) meetings in Regina and Weyburn. Usually, these meetings take up to three to four days of each month. In addition, up to two days per month may be spent in research, follow-up, consultation, etc., that is required for these meetings.

Looking Towards 1986-87

1986 will be a year of transition for the provincial Early Childhood Psychology (ECP) program. First, Elaine Scott, Associate Executive Director of Community Health Services Branch, will supervise the provincial ECP program, taking over these duties from Dr. Roy West. Second, two additional ECP positions will be filled this year, bringing the total number of provincial ECPs to seven. The current placement of the provincial ECPs is:

Ruth Wong	- Prince Albert
Tari Kinzel	- North Battleford
Deb Parker-Loewen	- Yorkton-Melville
Eigel Jensen	- Melfort
Ray Hertzog	- Moose Jaw/Swift Current (twinned)*
Cameron Barr	- Saskatoon Rural/Rosetown (twinned)
Larry Mahovsky	- Regina Rural/Weyburn-Estevan (twinned)

* This ECP position (Swift Current) has been approved and will likely be filled this year.

A "B" budget proposal for two additional ECP positions (Rosetown, Weyburn-Estevan) has not been approved for this fiscal year. This will mean that some ECPs will be covering two health regions while other ECPs will be covering one health region.

Third, under the guidance of the Associate Executive Director, the provincial ECPs are reassessing the current ECP program to redefine and improve it. This work has already begun and is to be completed by April 1, 1987. Fourth, the incumbent ECP in Yorkton returned from a three-year sabbatical leave on July 1, 1985. The incumbent ECP in Melfort will begin a two-year sabbatical leave in September of 1986. Fifth, while a position was advertised to provide a provincial consultant for the ECPs, a suitable candidate was not found. Consequently, the provincial ECPs do not have a consultant. This is unfortunate as some of the workload that would have been done by

this person now must be done by the ECPs. Sixth, a new preschool core service program has been implemented provincially which will increase the number of referrals to the Early Childhood Psychologists.

Undoubtedly, 1986 will be a busy year. Since a lot of the ECP program is part of an outreach program to the communities, travel will still be a large part of what we do. I believe this outreach is one of the strongest parts of the ECP program and while it may not be cost-efficient, it is certainly appreciated by the public. Hopefully, when the reassessment of the ECP program is completed, outreach will still be a priority of service. While not all health regions have their own ECP, it is hoped that the ECP program will come into its own during 1986-87 and the need for each region to have its own ECP will become more evident.

Respectfully submitted

Larry Mahovsky
Early Childhood Psychologist

REPORT OF CHIROPODISTS

The past year (April 1, 1985 - March 31, 1986) has seen a rapid development in terms of patient numbers and patient treatments in both the Regina clinic and the satellites at Wolseley and Moosomin.

Commencing in March and April, 1985, respectively, Moosomin and Wolseley have been provided with a chiropody service two days monthly (except for November at Moosomin). The satellite clinics with their very limited equipment provide a 'first aid' centre for chiropodial care so that uncomplicated conditions can be treated in those towns and the journey to Regina can be avoided.

The development of the clinics can best be seen by referring to the number of active patients on the lists at the clinics.

Number of Active Patients

Clinic	April 1, 1985	April 1, 1986
Regina	950	1,592
Moosomin	12	142
Wolseley	Nil	94
	<u>962</u>	<u>1,828</u>

The number of treatments provided at each clinic during the year is shown below.

Clinic Number of Patient Treatments

Regina	7,408
Moosomin	377
Wolseley	355
	<u>8,140</u>

Profile of Patient Categories

	%
Elderly - medically at risk	37
General population - medically at risk	9
Elderly - well	31
General population - well	<u>23</u>
	<u>100</u>

For treatment of underlying mechanical foot problems, orthotic devices are prescribed by the chiropodists, necessitating casting the feet in order to get a negative impression of the foot for the fabrication of the orthotic. During the year, 84 pairs of orthotics were prescribed and provided by the chiropody program in the region.

An important part, too, of the program's objectives is its educational and information function. The two chiropodists made 21 presentations during the year. Of these, about half were made to nursing homes in order to help the staff improve their care of the residents' feet and understand the working of the chiropody program. The remaining presentations ranged from classroom talks to a full lecture to the Canadian Diabetes Association, where approximately 200 people were present.

On March 31, there were 393 people waiting for treatment. Given that referrals are arriving in excess of 40 each week, there is no way that such numbers can be accommodated by the existing staff. There is no doubt that this list will continue to grow. The part-time receptionist, Colleen Klein, is unable to cover her duties completely within the time assigned, so our assistants, Maureen Grocott and Pat Dobranski are forced to spend time dealing with patient enquiries and bookings away from the chairside assistance for which they were appointed. The answer is the appointment of further chiropodial staff for the region.

Some thought should also be given to the appropriate equipping of the satellite clinics, which lack essential equipment to provide a safe and professional service to patients.

Respectfully submitted

Dr. Brian Brodie
Chiropodist

Dr. Suresh Ram
Chiropodist

Annual Meeting of the Regional Health Council, Regina Rural Health Region
Minutes of Meeting, June 3, 1985, Echo Valley Centre, Fort San, Saskatchewan

The annual meeting of the Regina Rural Health Regional Council was held Monday, June 3, 1985, at James Hall, Echo Valley Centre, Fort San, Saskatchewan. Attending the meeting were 56 delegates, 4 guests, and 27 health region staff.

Board of Health Chairman, Mr. Fred Schmidt, delayed calling the meeting to order until approximately 9:40 A.M. because of the heavy spring snowfall which had made driving conditions difficult.

Following his welcome to the delegates and staff, Mr. Schmidt called on Mr. Hugh McLeod, Board member representing District II, who introduced Mr. Arnold Tusa, M.L.A. Mr. Tusa brought greetings from Honourable Graham Taylor, Minister of Health, and spoke of the importance of a strong commitment to a high level of community health services.

Dr. C. L. Cunning, Medical Health Officer, was then called on to present his report on highlights of the year's program. Reports of the health region program staff had been prepared and incorporated into the health region review which was mailed in advance of the meeting to municipal health representatives. The various staff members then spoke to highlights of their printed reports.

In addition to reporting on many of the region's priority services, such as communicable disease control, Dr. Cunning called attention to some areas which may require increased attention in the future.

Following the report of the Medical Health Officer, Malita Marshall, newly appointed Regional Nursing Supervisor, was introduced and welcomed to the health region. The public health nursing report outlined the services regularly performed and provided statistics for the previous year. Reference was made to changes and expansion in the nursing program.

The public health inspection report was presented by Gordon Button. Senior Public Health Inspector, who, in the fall of 1984, assumed responsibility for Regina Rural Region in addition to Weyburn-Estevan Region where his headquarters are.

Eunice Misskey, Public Health Nutritionist, referred to the ongoing projects and activities which are part of the preventive nutrition program directed to meet the needs of residents of Regina Rural and Weyburn-Estevan health regions, for both of which the nutritionist has responsibility.

June 3, 1985

The speech-language pathology report of program and activities was presented by Debora Johnson, who works out of the Moosomin office in the eastern part of the region.

Larry Mahovsky, Early Childhood Psychologist, reported on his work with the preschool population in Regina Rural Region. Mr. Mahovsky also has responsibility for serving Weyburn-Estevan Health Region.

The chiropody program was initiated in all health regions during 1984 so that this was the first annual meeting for the chiropody staff. In addition to reporting on their work to date, Dr. Brian Brodie and Dr. Suresh Ram, Chiropodists, had prepared a display of materials providing further information about their work. In addition to the main clinic located in Regina, two satellite clinics are now in operation two days per month each at Wolseley and Moosomin. The response from the public at all locations has been positive.

Following the staff reports, Dr. Cuning introduced the keynote speaker, Dr. H. G. Whiston, Director of the Allan Blair Memorial Clinic in Regina. Dr. Whiston had been asked by the Regional Board to discuss the diagnosis, treatment, and control of some of the more common types of cancer, a subject of considerable interest and concern to the delegates. Dr. Whiston's comprehensive presentation was enhanced by use of slides and his readiness to respond to further questions from the audience. The thanks and appreciation of those present was expressed to Dr. Whiston by Dr. Cuning at the close of his address.

Following lunch at Echo Valley Centre cafeteria, the district meetings were convened in James Hall at 1:15 P.M. Health region staff participated in these meetings as requested, providing additional information and answering questions about details of their respective program and service.

Representatives reconvened in open session at 3:00 P.M. to receive the reports and recommendations from the district meetings.

DISTRICT I

District I reported that Della Anderson, representative of R.M. No. 160, was re-elected as District I's representative to the Regional Board.

Resolution 1

It was moved by Florence Nicholas, R.M. 99, and seconded by Glenn Larson, Pilot Butte, that,

WHEREAS public health vacancies are very noticeable and of great concern to all,

June 3, 1985

AND WHEREAS there are questions as to why positions are not filled at date of termination of former employee, resulting in a reduction of public health services,

THEREFORE BE IT RESOLVED that advertising for any or all potential vacancies be commenced immediately upon receiving notice of resignation.

Motion carried.

Resolution 2

It was moved by Ken Gronick of Bethune, and seconded by Louise Holloway of Lumsden that,

WHEREAS there is a concern about our youth being persuaded to use alcohol as a status symbol,

THEREFORE BE IT RESOLVED that new commercials on awareness be made that are as appealing to our youth and adults as those in the beer commercials, and that these be attached to the beer commercials to promote responsible usage of alcohol.

Motion carried.

DISTRICT II

Hugh McLeod, of the Village of Leross, was re-elected as District II's representative to the Regional Board.

Resolution 3

It was moved by Joe Wallace of Nokomis and seconded by Ira Travis of Govan that,

BE IT RESOLVED that the program of one nutritionist per health region be re-established to meet expanding nutrition needs and, in addition, to promote education and promotion through drug and alcohol education in schools.

Motion carried.

Resolution 4

It was moved by Ira Travis of Govan and seconded by Walter Yung of Bulyea that,

WHEREAS there are speech therapy and chiropody needs identified in the areas of Punichy and Nokomis,

THEREFORE BE IT RESOLVED that speech therapy and chiropody clinics be established to meet these needs.

June 3, 1985

Motion carried.

Resolution 5

It was moved by Gladys Kram of Raymore and seconded by Albert Keyser of Strasbourg that,

WHEREAS the supply of doctors in our rural communities remains short,

AND WHEREAS the government has established an Advisory Committee on Rural Medical Practice,

THEREFORE BE IT RESOLVED that the Regina Rural Health Regional Board request to meet with the Committee expressing through a brief the problem rural communities are facing in this region.

Motion carried.

DISTRICT III

Resolution 6

It was moved by Jean Kurbis, Qu'Appelle, and seconded by Edna Pollock of Katepwa Beach that,

WHEREAS vacancies have been created in health related fields,

AND WHEREAS there has been considerable time elapsing between resignations and appointment of replacements to positions that have been vacated, both temporarily and permanently,

THEREFORE BE IT RESOLVED that the Department be encouraged to act immediately towards replacing vacancies in such areas as speech pathology, public health nursing, public health inspection, etc.

Motion carried.

Resolution 7

It was moved by Fred Schmidt of Lipton and seconded by Gloria Karpa of Indian Head that,

WHEREAS a good deal of time is spent in travel while attending to their work,

AND WHEREAS money is spent to cover travel expense that could be applied to wages in hiring of another person,

THEREFORE BE IT RESOLVED that we would be in favour of not cutting positions as this is preventive health, and that the Council would be in favour of paying a premium, if necessary, to keep positions filled with qualified staff.

June 3, 1985

Motion carried.

DISTRICT IV

Resolution 8

It was moved by Mary Chorneyko of Montmartre and seconded by Elmer Chatterson, R.M. No. 155, that,

WHEREAS we are concerned with suicidal tendencies, children and adult abuse,

THEREFORE BE IT RESOLVED that the Government establish a Crisis Line to help in small rural communities.

Motion carried.

Resolution 9

It was moved by Clayton Cross, R.M. No. 94, and seconded by Elmer Chatterson, R.M. No. 155, that,

WHEREAS we are concerned about alcoholism,

THEREFORE BE IT RESOLVED that the liquor advertising be curtailed on TV and the news media.

Motion carried.

Resolution 10

It was moved by Peter Hozempa, R.M. No. 125, and seconded by Jeanette Schaeffer of Vibank that,

WHEREAS we are concerned about the quality of services provided by the staff,

THEREFORE BE IT RESOLVED that the positions that become vacant be filled more readily, and the twinning of regions be eliminated.

Motion carried.

DISTRICT V

District V reported no formal resolutions but in their report welcomed new district councillors, expressed appreciation to health region staff, referred to a Public Health Nurse vacant position in the area, and suggested that the possibility be considered of rotating board meetings to different locations.

June 3, 1985

Mr. Philip Hoffman, Board member from District V, expressed the thanks of the delegates to the staff of Echo Valley Centre for the use of the fine facilities, and for the excellent service.

The meeting was adjourned by the chairman at 3:30 P.M.

RESOLUTIONS 1985

The Regional Board of Health considered the resolutions put forward at the annual meeting on June 3, 1985 by the members following discussion in their district meetings. Because some of the resolutions dealt with the same or similar concerns, some of them were combined or re-worded. The resolutions in the form they were submitted to the Minister of Health for consideration read as follows.

Resolution 1

WHEREAS public health vacancies are very noticeable and of great concern to all;

AND WHEREAS there are questions as to why positions are not filled at date of termination of former employee, resulting in a reduction of public health services;

THEREFORE BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that advertising for any or all potential vacancies be commenced immediately upon receiving notice of resignation.

Resolution 2

WHEREAS we are concerned about alcoholism;

THEREFORE BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that liquor advertising on television and other news media be curtailed, and, further, that the AWARE program for alcohol education be expanded.

Resolution 3

BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that a public health nutritionist be located in each health region in order to meet expanding nutrition needs.

Resolution 4

WHEREAS a need for chiropody services has been identified in the areas of Punnichy and Nokomis;

AND WHEREAS the Saskatchewan Health Chiropody Program has proved to be of great benefit to citizens in those communities with access to chiropody services;

THEREFORE BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that a chiropody clinic be established in the Nokomis and Punnichy areas to meet these needs.

Resolution 5

Because the Minister's Advisory Committee on Rural Medical Practice was considering this problem, it was agreed that Resolution 5 be tabled.

Resolution 7

WHEREAS a good deal of time is spent in travel while attending to their work;

AND WHEREAS money is spent to cover travel expense that could be applied to wages in hiring of another person;

THEREFORE BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that we would be in favour of not cutting positions as this is preventive health, and that the Council would be in favour of paying a premium, if necessary, to keep positions filled with qualified staff.

Resolution 8

WHEREAS the number of suicides and accidents which are attributable to alcohol and drug abuse among youth is alarmingly high;

THEREFORE BE IT RESOLVED BY THE REGIONAL HEALTH COUNCIL that an education program to combat alcohol and drug abuse among school children be developed for use in the lower school grades.

It was noted that the intent of Resolutions 6 and 10 as they appear in the minutes is incorporated in Resolution 1, and the intent of Resolution 9 is covered by Resolution 2. These were not, therefore, considered separately.

The comments of the Minister of Health are contained in his letter which is printed on the following page.



Minister
of Health

Saskatchewan

Legislative Building
Regina, Canada
S4S 0B3

December 2, 1985

Dr. C.L. Cunning
Secretary, Regina Rural
Regional Board of Health
3475 Albert Street
Regina, Saskatchewan
S4S 6X6

Dear Dr. Cunning:

I am responding to the resolutions passed at the August 7 meeting of Regina Rural Regional Board of Health.

Resolution #1: Therefore be it resolved by the Regional Health Council that advertising for any or all potential vacancies be commenced immediately upon receiving notice of resignation.

Once we have confirmation that a position is going to be vacant, the department begins the recruitment process. An appointment is made as soon as a suitable candidate is found. Generally, the process proceeds quite smoothly. However, this year, despite an increased advertising campaign, we are experiencing difficulties recruiting speech language pathologists, early childhood psychologists, audiologists and inspectors.

Resolution #2: Therefore be it resolved by the Regional Health Council that liquor advertising on television and other news media be curtailed, and, further, that the AWARE program for alcohol education be expanded.

As you are aware, liquor advertising has been a fact of life in Saskatchewan for many years via newspapers and magazines originating outside the province. Also, with the rapid growth of cable television and satellite dishes, controlling the media content from beyond our borders is both impractical and impossible.

The government has reacted by instituting a responsible use of alcohol approach whereby 15% of all advertising be devoted to educational messages.

. . . 2

Dr. C.L. Cunning
Page two

An awareness program, Dialogue on Drinking, will be aired during the upcoming holiday season. A billboard campaign has also been initiated by the Department of Highways. Other programs will be initiated in the future.

Resolution #3: Be it resolved by the Regional Health Council that a public health nutritionist be located in each health region in order to meet expanding nutrition needs.

While the ideal situation is to have a nutritionist in every health region, this option is not feasible at this time. However, since we do feel that it is vital to offer some nutrition services to all areas of the province, the concept of sharing nutritionist services between two health regions has been implemented.

Resolution #4: Therefore be it resolved by the Regional Health Council that a chiropody clinic be established in the Nokomis and Punnichy areas to meet these needs.

There are currently chiropody satellite clinics located close to Nokomis and Punnichy. The clinic in Watrous is only 50 kilometers from Nokomis and the one in Wynyard is 80 kilometers from Punnichy. With the present manpower to population ratio for chiropody services in the Regina Rural Region it is not an opportune time to expand satellite services. However, I will keep your recommendation under advisement for future reference.

Resolution #7: Therefore be it resolved by the Regional Health Council that we would be in favour of not cutting positions as this is preventive health, and that the Council would be in favour of paying a premium, if necessary, to keep positions filled with qualified staff.

The department does not intend to cut positions in the preventive health area. I am interested in receiving more particulars on the concept of paying a premium.

Resolution #8: Therefore be it resolved by the Regional Health Council that an education program to combat alcohol and drug abuse among school children be developed for use in the lower school grades.

. . . 3

Dr. C.L. Cuning
Page 3

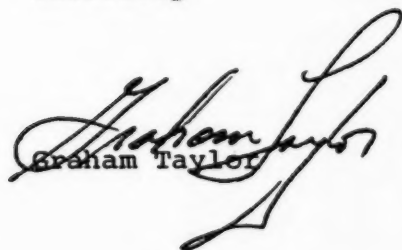
The government is committed to an educational approach regarding the proper use of alcohol. Saskatchewan Alcohol and Drug Abuse Commission, Saskatchewan Health, Saskatchewan Education and Saskatchewan Highways and Transportation are extremely active in promoting educational programs about responsible drinking. I am personally committed to an educational approach regarding the proper use of alcohol.

The Department of Education has an alcohol and drug education component in the school health curriculum. In addition, the Saskatchewan Alcohol and Drug Abuse Commission (SADAC) has a resource library with materials designed specifically for use in schools. Teachers can borrow materials that use a variety of approaches to education such as active play or cartoons.

Materials designed for use by minority groups are also available.

May I take this opportunity to thank you and your Board once again for your continued interest and resolutions and comments.

Sincerely


Graham Taylor